



"Hunger relief isn't one size fits all. Through our work, we're seeing the faces of hunger, understanding the challenges on the ground, and engaging the community to find new and better ways to reach individuals in need."

*Carmen Del Guercio, President & CEO*

**The Maryland Food Bank is feeding people, strengthening communities, and ending hunger for more Marylanders.**

### Hunger by the numbers

- More than 650,000 individuals are food insecure in Maryland, or unable to access nutritious food
- In FY 2019, the Maryland Food Bank distributed enough to provide more than 40 million meals
- Even so, food-insecure families across the state miss more than 111 million meals each year

The Maryland Food Bank is a nonprofit hunger-relief organization, leading the movement to end hunger throughout Maryland. For more than 40 years, the Maryland Food Bank has partnered with communities across the state to distribute food to individuals and families in need.

The Maryland Food Bank operates from three facilities: one in Baltimore, one in Salisbury, and one in Hagerstown. Our extensive network of soup kitchens, pantries, and other community-based organizations distributes food throughout Baltimore City and 21 counties across Maryland—all except for Prince George's and Montgomery Counties, which are served by a sister food bank.

Through carefully crafted programs, the food bank aims to meet the immediate needs of Marylanders while simultaneously working to address hunger's root causes. Currently distributing enough food to provide 110,000 meals per day and more than 40 million meals annually, the Maryland Food Bank will continue to help end hunger for more Marylanders.



## MFB Fights Hunger By...



### FINDING FOOD

Food is donated by farms, manufacturers, retailers, wholesalers, government agencies, other food banks, and individuals. The Maryland Food Bank also purchases high-demand items like peanut butter, cereal, and tuna fish at wholesale prices to supplement donations.



### STEWARDED FOOD

A fleet of Maryland Food Bank trucks criss-crosses the state, picking up food and bringing it to warehouses in Baltimore, Washington, and Wicomico counties where it is sorted, packed, and stored prior to distribution.



### DISTRIBUTING FOOD

A daily menu of food is available to partners online and the Maryland Food Bank's network of soup kitchens, pantries, shelters, schools, and other community-based organizations place orders for the types and quantities of food best suited to their community. The food bank also oversees direct service programs to ensure food reaches those most at risk of hunger—children and seniors.



### REACHING THOSE IN NEED

Food reaches families in need through a strong network of partners and outreach programs.

## Our Programs

Working with network partners statewide, MFB has developed a variety of innovative programs aimed to bridge the meal gap for some of the most vulnerable Marylanders — particularly seniors, children, and the working poor.

Our **Farm to Food Bank Program** engages farms across the state in a partnership to provide hungry Marylanders with fresh, local produce.

Our **FoodWorks Program** provides low-income individuals with 12 weeks of intense culinary training that generates thousands of nutritious homemade meals for distribution.

Our **Pantry on the Go Program** enables us to transport large amounts of food to areas where people have little access to other forms of hunger relief.

Our **School Pantry Program** operates out of local schools, providing food-insecure children and their families with vital nutrition in a stigma-free environment.

Our **Supper Club Program** provides children in underserved communities with a nutritious meal while they participate in after-school activities.

Our **Summer Club Program** provides breakfast and lunch for children who traditionally rely on their school's free and reduced-price meal programs during the school year.

Our **SNAP Outreach** sends outreach workers into MD communities to help underserved individuals apply for SNAP benefits (formerly known as food stamps).

Our **DSS Program** distributes emergency food boxes to Baltimore City residents who qualify for the service.

**My Groceries to Go!** is a federal initiative that provides monthly boxes of nutritious food to eligible seniors across Baltimore City.

For more information, contact:

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