

## Western Branch



"The Maryland Food
Bank — Western
Branch has provided
enormous benefits to
us, providing nutritious
food items for our
elderly population and
giving our residents
an opportunity to
volunteer and feel
empowered."

Kathi Geisbert, Brunswick House Apartments The Maryland Food Bank – Western Branch service area includes some of the largest cities in Western Maryland: Frederick, Middletown, Thurmont, Hagerstown, Cumberland, and Oakland.

## Western Branch hunger by the numbers ...

- More than **43,800 individuals** in the Hagerstown service area are food insecure
- Of those struggling with hunger, nearly **18,000** are children
- In FY2019, the Western Branch distributed more than 7.1 million meals
- Hungry families in the region miss about **8.6 million meals** each year

Since opening in 2012, the Western Branch has made sure that food-insecure people in Allegany, Frederick, Garrett, and Washington Counties have consistent access to nutritious food.

We do this through Pantry on the Go events for seniors, families, and individuals, School Pantries, and The Emergency Food Assistance Program (TEFAP).







"With the help of the Maryland Food Bank – Western Branch, food distribution in the region has grown significantly. Not only are more people getting access to the nutrition they need, but they're also receiving a wider variety of more nutritious foods."

Frank Ducey, Programs Manager, Maryland Food Bank – Western Branch

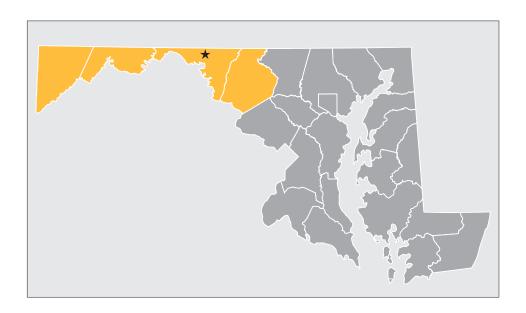
## Ways to Get Involved:

There are many ways you can join the movement to end hunger in Maryland, and every donation—whether it be time, food, or money—makes a big difference!

**Donate Funds:** Every \$1 you donate helps to provide three meals to a hungry Marylander.

**Donate Food:** Any food donated to us is distributed directly to food-insecure Marylanders.

**Join Us Online:** Find us on Facebook (Facebook.com/MDFoodBank) and Twitter (@MDFoodBank) or visit mdfoodbank.org to stay up to date on the latest news.



## For more information, contact:

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