

2022 MARYLAND COUNTY HUNGER PROFILES



Maryland Hunger Solutions

Ending hunger and promoting well-being

INTRODUCTION

Maryland is one the wealthiest states in the nation based on per capita income, but not all Marylanders share in the prosperity. In Maryland, 880,000 residents are participants in the Supplemental Nutrition Assistance Program (SNAP).² Households that experience prolonged food insecurity are at the greatest risk of experiencing hunger. The USDA defines food insecurity as an economic or social condition of limited or uncertain access to adequate quality and quantity of food.⁶ "Very Low" food security means that children go to sleep hungry and go to school with unfilled stomachs. To cope, families make difficult decisions — parents, grandparents, and other caregivers may skip meals so that they can feed their children, eat less to stretch out a meal, or purchase foods that are filling but lack vital nutrients. Working adults face high costs of living and inadequate wages and struggle to earn enough money to put nutritious meals on the table, pay bills, and afford transportation. Older adults and people with disabilities on fixed incomes are often forced to choose between food and medicine. In every county in Maryland, you can find these stories.

Since 2007, Maryland Hunger Solutions has remained committed to promoting and advocating for long-term and sustainable solutions to eliminate hunger for all of Maryland's residents. The organization works with state and community partners to provide education about the stark reality of hunger's existence in Maryland and the proven solutions to reduce food insecurity, improve public policies to end food insecurity and poverty, and ensure that all eligible residents are connected to federal and state nutrition programs, proven tools to reduce hunger and poverty. A core strategy of Maryland Hunger Solutions has been to increase and expand participation in the federal nutrition programs, especially the Supplemental Nutrition Assistance Program, also known as SNAP, which serves as the state's first line of defense against hunger. Another priority has been promoting maternal and early childhood nutrition programs, school meals programs, and out-of-school time programs (such as afterschool and summer meals) that ensure children of all ages get the nutrition they need for their development. Maryland Hunger Solutions has connected local, state, and national anti-hunger advocates, government agencies; medical professionals; service providers and other nonprofits; and food policy councils to make progress toward ending hunger in Maryland. Since the onset of the pandemic, Maryland Hunger Solutions has redoubled our efforts to ensure all Maryland residents have access to healthy and nutritious food.

The Maryland Hunger Profiles provide accurate local data on federal nutrition program participation, population, and poverty data for each of the 24 jurisdictions. Behind the percentages outlined in the Maryland Hunger Profiles are the tens of thousands of children, older adults, people living with disabilities, veterans, and low-wage earners who would not get the daily nutrition they need to be productive without these programs. Still, many nutrition programs have not yet realized their full capacity of service for thousands of Marylanders. The purpose of these data profiles is to allow policymakers, partners and the public to understand the state of hunger within Maryland and inform ongoing community and policy conversations about ensuring Marylanders have sufficient nutrition and the opportunity to thrive. This is especially true as we continue to navigate the COVID-19 pandemic and recover from the economic and health fallout. Everyone is a stakeholder in the fight against hunger, and together, we can create a hunger-free Maryland.

DEFINITION OF TERMS

Calendar Year (CY): The calendar year begins on January 1st and ends on December 31st. CY 2022 began on January 1, 2022, and will end on December 31, 2022.

The following data derives from CY 2021 due to the data available at the time of its creation. This document was created at the end of 2021 and finished during the first week of January 2022.

Community Eligibility Provision (CEP): CEP is a meal service option that allows high-poverty schools and districts to serve free breakfast and lunch to all students without collecting income applications. Schools that adopt CEP are reimbursed based on the "Identified Student Percentage" (ISP). This is the percentage of students who are directly eligible for free meals through their household income or participation in other income-based programs in addition to students who are categorically eligible to receive free meals without an application. To qualify for CEP, a school or district must serve both breakfast and lunch and have at least 40 percent ISP. CEP is calculated by multiplying the ISP by 1.6.⁸

Food Insecurity: Is defined by the USDA as a household-level economic and social condition of limited or uncertain access to adequate food. Prolonged food insecurity results in the physiological experience of hunger. Food insecurity is measured by the level of food security: Very Low, Low, Marginal, and High. Measurement of food insecurity is generally obtained by self-reported survey and indicates a household's level of anxiety over having enough food to eat, the change in diet and quality of food consumed, and the number of times eating patterns have been disrupted.⁶

Poverty Guidelines: Annual federal poverty levels (FPL) are issued by the Department of Health and Human Services. Federal nutrition programs use the guidelines (or percentage multiples of the guidelines, such as 185% of the FPL), in determining income eligibility. The FPL varies by household size and, unlike the Census Bureau (statistical) poverty thresholds, has no age distinction. In 2020, the FPL was \$12,760 for an individual and \$26,200 for a family of 4.⁹

State Fiscal Year (SFY): The fiscal year in Maryland begins on July 1st and ends on June 30th. SFY 2020 started on July 1st, 2019, and ended on June 30th, 2020.⁷

The following report section is based on SFY data: WIC data.

DESCRIPTION OF PROGRAMS

Child and Adult Care Food Program (CACFP): The CACFP provides reimbursement for meals and snacks served through child and adult care centers, afterschool care programs, and daycare homes to eligible children and adults. Children living in emergency shelters, adults with disabilities that are enrolled in daycare facilities, and adults aged 60 and above, are also eligible to receive meals through the CACFP.¹⁰

The exact number of CACFP meals served through non-public school sponsors is displayed in the notes or footnotes.

National School Lunch Program (NSLP) and School Breakfast Program (SBP): The NSLP and SBP provide per meal cash reimbursements to schools as an entitlement to provide nutritious meals to children. Student eligibility for free meals or reduced-price meals is dependent on household income level. For School Year 2019-20, student income eligibility guidelines for free meals was 130% of the 2019 federal poverty guideline level and for reduced price meals, 185% of the federal poverty level.^{10, 11, 12}

Summer Food Service Program (SFSP): The SFSP (or Summer Meals Program) provides free meals to kids and teens in low-income areas to ensure that children continue to receive meals when school is not in session. State agencies administer and run the program through sponsors that serve meals in community locations called meal sites. States approve SFSP meal sites as open, enrolled, or closed sites, allowing sites to serve free meals to children depending on if they operate in low-income areas where many children are eligible for free and reduced-price school meals. Following school closures in the Spring of 2020, meals were no longer provided through the NSLP and SBP but through the SFSP. The meal data is not representative of a typical year, caution should be used in comparing 2020 SFSP data to previous years.^{10, 11}

These profiles depict SFSP meal and participation data from public school authorities. The SFSP notes on each page include an estimate of the total contribution of faith-based organizations, government agencies, private schools, and non-profits as of January 2021 based on available data. In comparison to other non-public school sponsor types, faith-based organizations provided the greatest number of meals in the state of Maryland. The exact number of SFSP meals served through non-public school sponsors is displayed in the notes or footnotes.

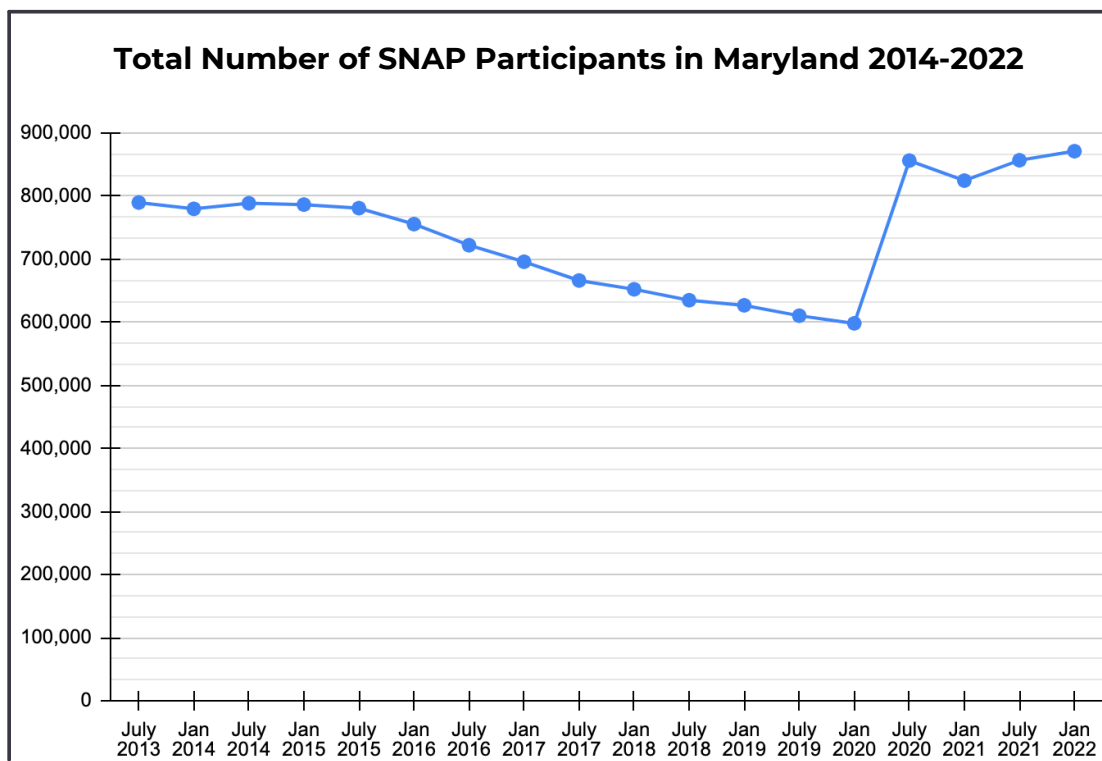
Supplemental Nutrition Assistance Program (SNAP): SNAP provides monetary (EBT) benefits to supplement the food budget of limited resource families so they can purchase healthy food and move towards self-sufficiency. To get SNAP benefits, you must apply in the state in which you currently live and you must meet certain requirements, including resource and income limits, work rules, and citizenship or qualified immigrant Status. There are special SNAP rules for households with elderly or disabled members.^{10, 11}

This report does not include Pandemic EBT (P-EBT) data as it was not available at the time of publication.

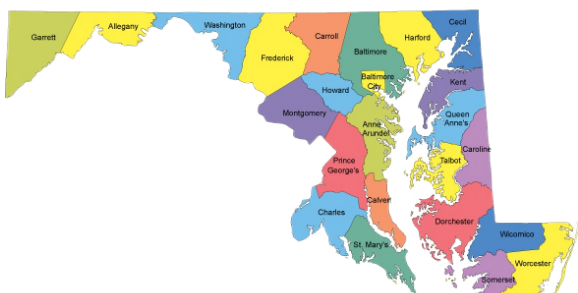
Special Supplemental Nutrition Program for Women, Infants, and Children (WIC): The WIC Program serves women who are pregnant, postpartum, and breastfeeding, infants up to one-years-old and children up to five years old. Participants must meet categorical, residential, income and nutrition risk requirements. The state agency's income eligibility standard must be between 100 percent and 185 percent of the federal poverty income guidelines. Applicants can be determined income-eligible for WIC based on their participation in or eligibility for other specific income-based programs.^{10, 11}

2022: A REFLECTION ON THE CORONAVIRUS PREVAILING PANDEMIC AND ADAPTATIONS

In March of 2020, to minimize the spread of COVID-19, schools and businesses nationwide closed. This resulted in a sudden increase in unemployment. The closures had a devastating effect on individuals, families, and the economy within the state of Maryland. In one month alone, Maryland Hunger Solutions received over 3,000 calls to our toll-free number, SNAP (Maryland's Food Supplement Program) application hotline from affected people searching for assistance. Many were first-time applicants. In Maryland, there was a 400% increase in the number of SNAP⁴ applications received in April of 2020, as compared to March 2020 – nearly 150,000 applications. Every county in the state witnessed a surge in need, with Baltimore City seeing increases in SNAP applications of over 600% and Howard County seeing a tripling of the number of applications. By July of 2020, Maryland acquired the most SNAP participants in the state's history—over 855,000* participants or 14% of the state's population.⁴ As of April 2022, there are 763,835 SNAP participants in Maryland.⁴



In the summer of 2022, the Covid-19 pandemic is still having an impact on our state, our economy and our food system. SNAP, WIC, school meals and charitable efforts are still working to address food insecurity. Over the course of these two years, two important points have been learned. First, we have developed tools and policies that have helped millions of Marylanders. Second, and just as importantly, we have demonstrated that policy can address challenges. Given data and tools, policymakers can – and have – made a difference in the lives of our communities. We hope that this report provides information for prospective policymakers like you. The following profiles provide a snapshot of hunger, poverty, and federal program participation across the state of Maryland, including your community.



MARYLAND STATE

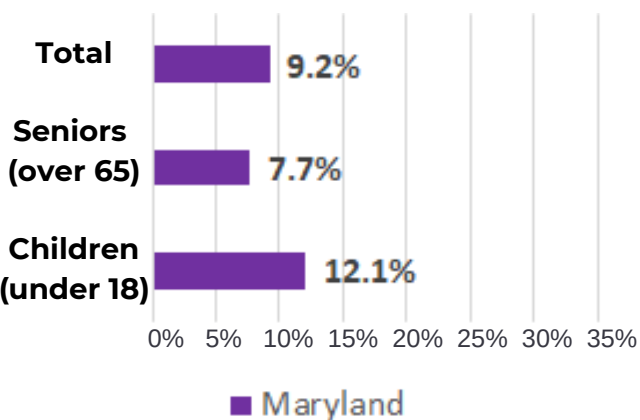
POPULATION (2021 est)¹

Total **6,177,224**
 Children **1,365,167**
(under 18) (22.1%)
 Seniors **982,178**
(over 65) (15.9%)

MEDIAN HOUSEHOLD INCOME (2015-2019)²

\$84,805

POVERTY RATES(%) (2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	16,458,968	7,684,395	6,503,395	36,597	62,599	471,540
Child and Adult Care Food Program (CACFP)	3,482,999			2,170,976	1,151,452	79,093

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

400 eligible schools

231 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

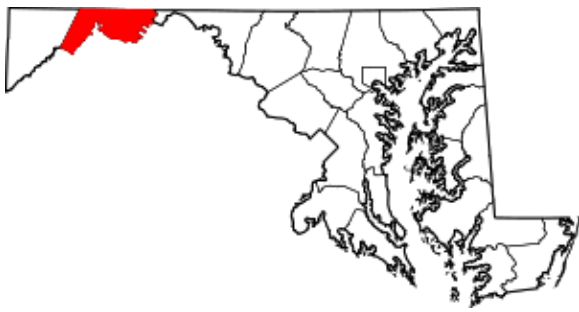
36,086 average participants/month

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

50.5% of eligible people enrolled

178,234 average participants/year

- 60,786 Women
- 50,212 Infants
- 67,236 Children



ALLEGANY

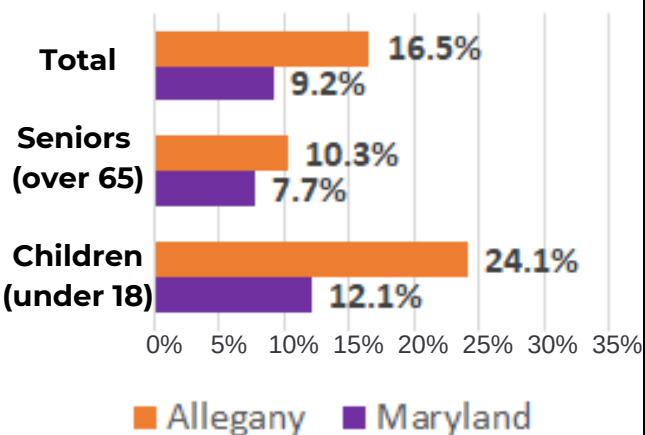
POPULATION (2021 est)¹

Total **69,366**
 Children **12,000**
(under 18) (17.3%)
 Seniors **14,289**
(over 65) (20.6%)

MEDIAN HOUSEHOLD INCOME (2015-2019)²

\$45,893

POVERTY RATES(%) (2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	97,851	36,927	62,773			4844
Child and Adult Care Food Program (CACFP)	6,333			6,333		243

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

16 eligible schools
4 participating schools

**100% of Allegany schools are Hunger Free schools due to CEP*

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

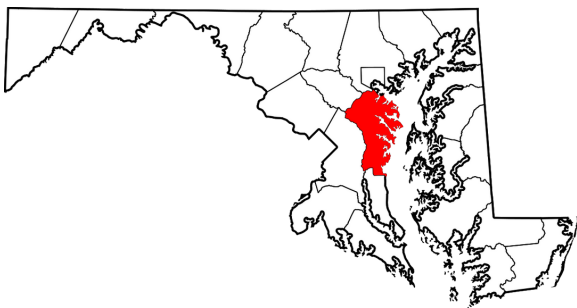
15,782 average participants/month

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

51.2% of eligible people enrolled

2,618 participants/year

- 895 Women
- 726 Infants
- 997 Children



ANNE ARUNDEL

POPULATION

(2021 est)¹

Total **586,656**

Children **130,824**

(under 18) (22.3%)

Seniors **87,998**

(over 65) (15%)

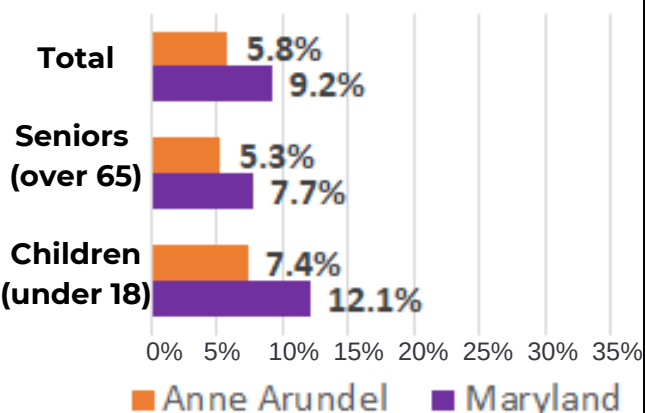
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$100,798

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	872,148	411,654	460,494		0	22,546
Child and Adult Care Food Program (CACFP)	74,348			74,348		1,400

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

14 eligible schools

0 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)

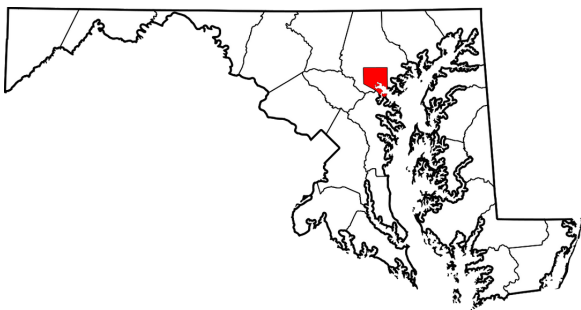
58,526 participants/month ⁴

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

45.0% of eligible people enrolled

10,346 participants/year

- 3,764 Women
- 3,070 Infants
- 3,512 Children



BALTIMORE CITY

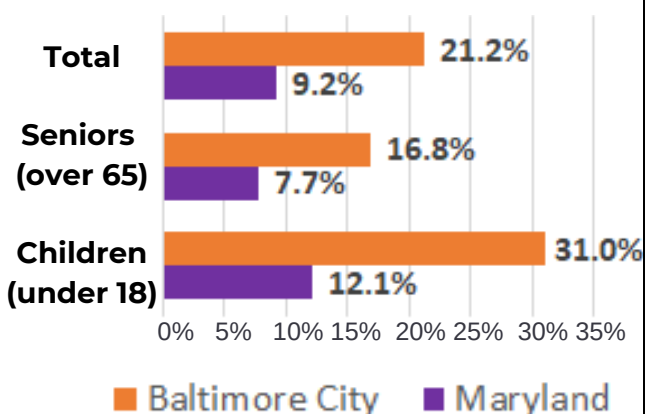
POPULATION (2021 est)¹

Total **575,584**
 Children **116,268**
(under 18) (20.2%)
 Seniors **78,279**
(over 65) (13.6%)

MEDIAN HOUSEHOLD INCOME (2015-2019)²

\$50,379

POVERTY RATES(%) (2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	8,327,293	4,094,851	2,051,924	2,178,473	5,819	181,280
Child and Adult Care Food Program (CACFP)	434,692			188,493	246,199	9,848

COMMUNITY ELIGIBILITY PROVISION (CEP)

¹³

(2019-2020 SCHOOL YEAR)

Allows high poverty schools to serve students free breakfast and lunch.

169 eligible schools

169 participating schools

**100% of Baltimore City schools are Hunger Free schools due to CEP*

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)

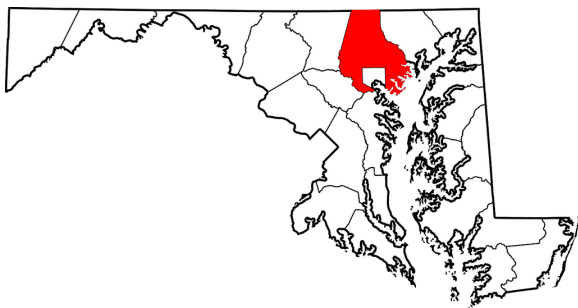
197,594 average participants/month⁴

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

45.0% of eligible people enrolled

22,221 participants/year

- 7,981 Women
- 6,428 Infants
- 7,812 Children



BALTIMORE COUNTY

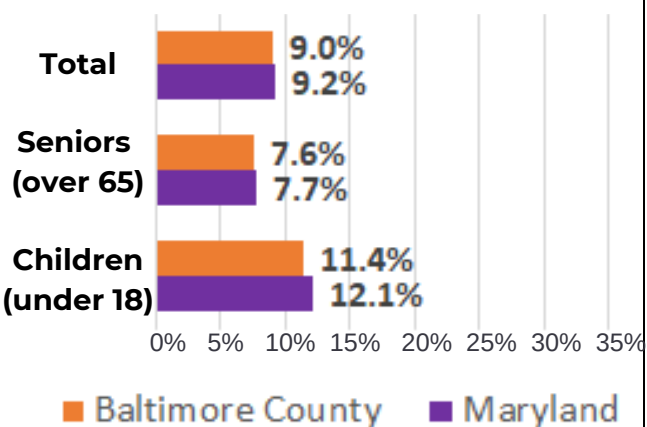
POPULATION (2021 est)¹

Total **826,392**
 Children **178,501**
(under 18) (21.6%)
 Seniors **145,445**
(over 65) (17.6%)

MEDIAN HOUSEHOLD INCOME (2015-2019)²

\$76,866

POVERTY RATES(%) (2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	1,029,592	458,799	570,793			35,895
Child and Adult Care Food Program (CACFP)	34,772			12,949	21,823	1,300

COMMUNITY ELIGIBILITY PROVISION (CEP)¹³

(2019-2020 SCHOOL YEAR)

Allows high poverty schools to serve students free breakfast and lunch.

65 eligible schools
4 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)

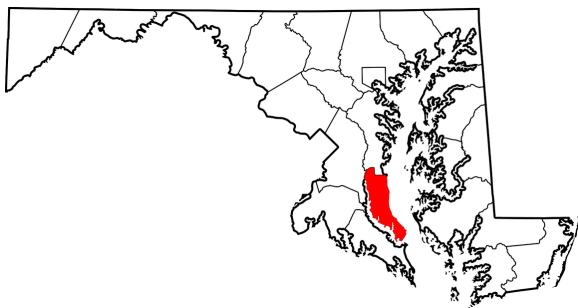
130,187 average participants/month⁴

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

47.2% of eligible people enrolled

25,531 participants/year

- 9,026 Women
- 7,642 Infants
- 8,863 Children



CALVERT

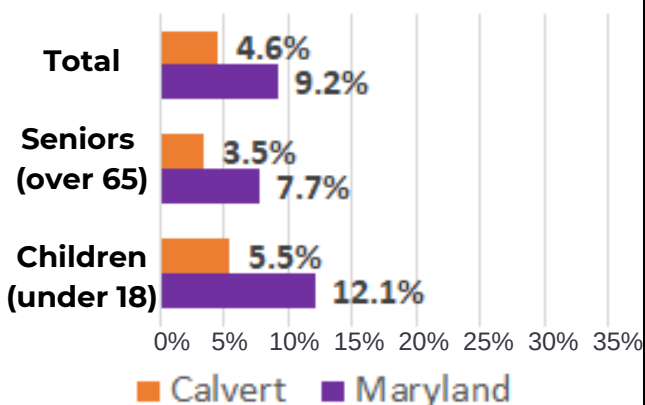
POPULATION (2021 est)¹

Total **103,277**
 Children **23,754**
(under 18) (23%)
 Seniors **16,008**
(over 65) (15.5%)

MEDIAN HOUSEHOLD INCOME (2014-2018)²

\$109,313

POVERTY RATES(%) (2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	95,713	46,722	48,991	0	0	1,702
Child and Adult Care Food Program (CACFP)						

COMMUNITY ELIGIBILITY PROVISION (CEP)¹³

(2019-2020 SCHOOL YEAR)

Allows high poverty schools to serve students free breakfast and lunch.

0 eligible schools

0 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)

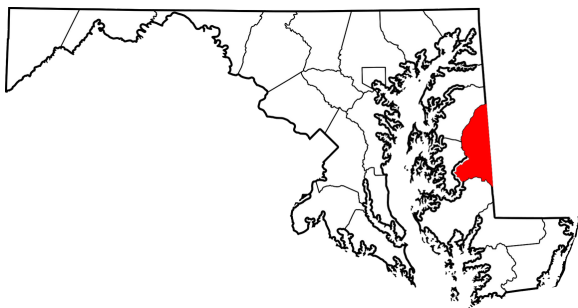
17,541 average participants/month⁴

WOMEN, INFANTS, & CHILDREN (WIC)(STATE FISCAL YEAR 2021)⁵

41.5% of eligible people enrolled

1,321 participants/year

- 437 Women
- 389 Infants
- 495 Children



CAROLINE

POPULATION

(2021 est)¹

Total **33,606**

Children **7,931**
(under 18) (23.6%)

Seniors **5,612**
(over 65) (16.7%)

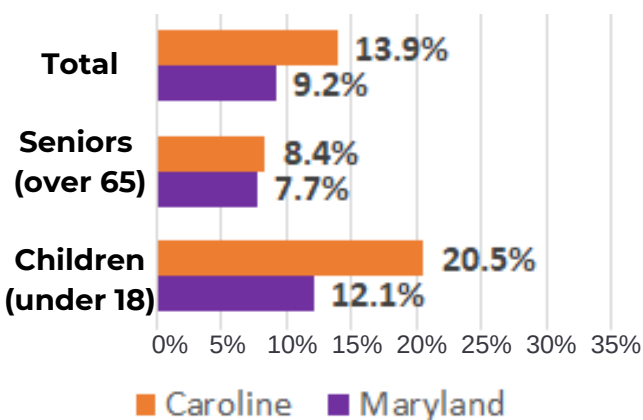
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$58,638

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	109,049	49,515	50,534			3,750
Child and Adult Care Food Program (CACFP)	16,495			12,203	4,292	913

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

7 eligible schools

0 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

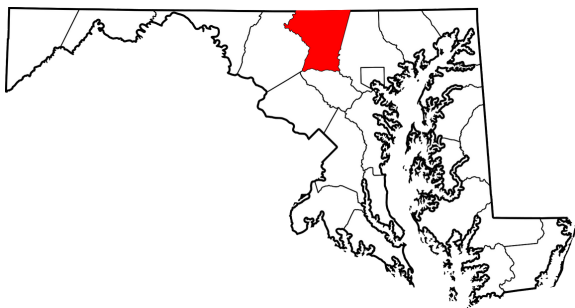
6,968 average participants/month⁴

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

53.3% of eligible people enrolled

1,562 participants/year

- 567 Women
- 464 Infants
- 685 Children



CARROLL

POPULATION

(2021 est)¹

Total **168,807**

Children **36,462**

(under 18) (21.6%)

Seniors **29,204**

(over 65) (17.3%)

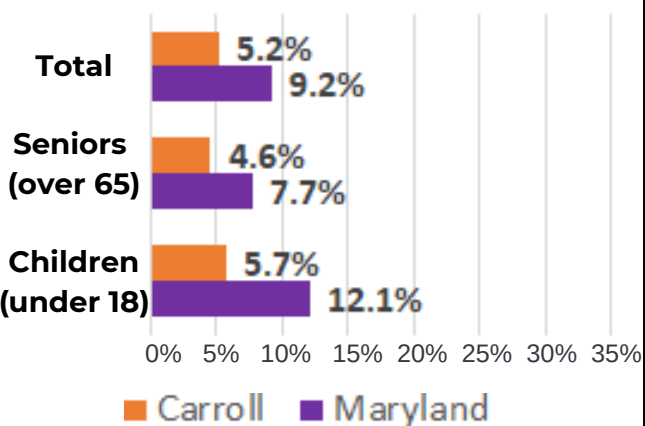
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$96,769

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	447,328	205,242	242,086	0	0	11,872
Child and Adult Care Food Program (CACFP)	19,214			19,214		1,058

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

3 eligible schools

0 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

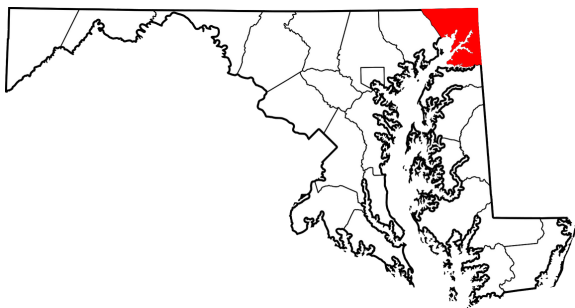
10,076 average participants/month⁴

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

45.7% of eligible people enrolled

2,391 participants/year

- 832 Women
- 648 Infants
- 879 Children



CECIL

POPULATION

(2021 est)¹

Total **103,277**

Children **23,237**

(under 18) (22.5%)

Seniors **16,731**

(over 65) (16.2%)

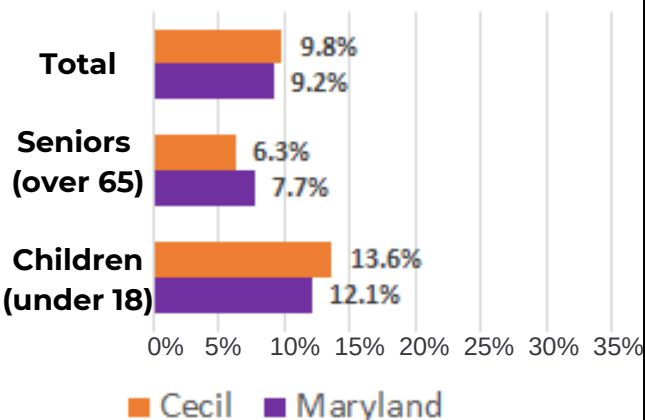
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$76,887

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	252,573	114,891	137,682	0	0	8,113
Child and Adult Care Food Program (CACFP)						

COMMUNITY ELIGIBILITY PROVISION (CEP)¹³

(2019-2020 SCHOOL YEAR)

Allows high poverty schools to serve students free breakfast and lunch.

5 eligible schools

3 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

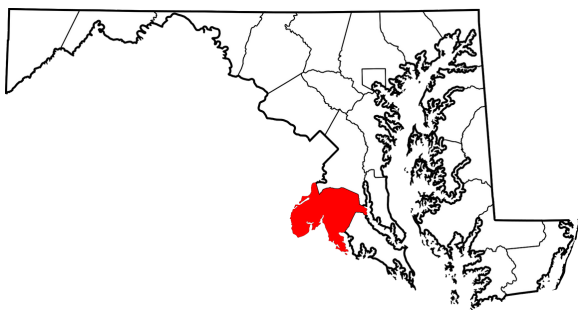
15,137 average participants/month⁴

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

45.0% of eligible people enrolled

3,002 participants/year

- 1,027 Women
- 868 Infants
- 1,107 Children



CHARLES

POPULATION

(2021 est)¹

Total **166,819**

Children **39,703**

(under 18) (23.8%)

Seniors **21,520**

(over 65) (12.9%)

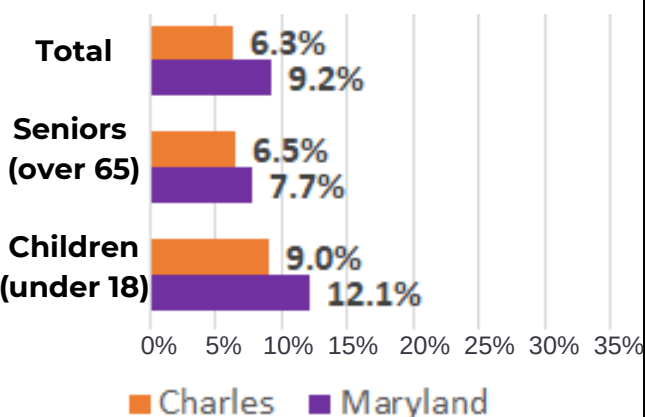
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$95,924

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	163,702	74,467	89,235	0	0	13,282
Child and Adult Care Food Program (CACFP)	14,452			14,452		293

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

9 eligible schools

0 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

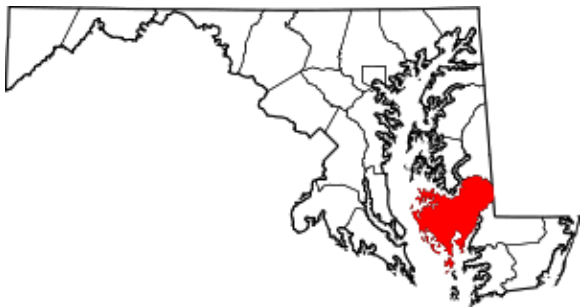
20,761 average participants/month⁴

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

49.8% of eligible people enrolled

4,292 participants/year

- 1,448 Women
- 1,272 Infants
- 1,572 Children



DORCHESTER

POPULATION (2021 est)¹

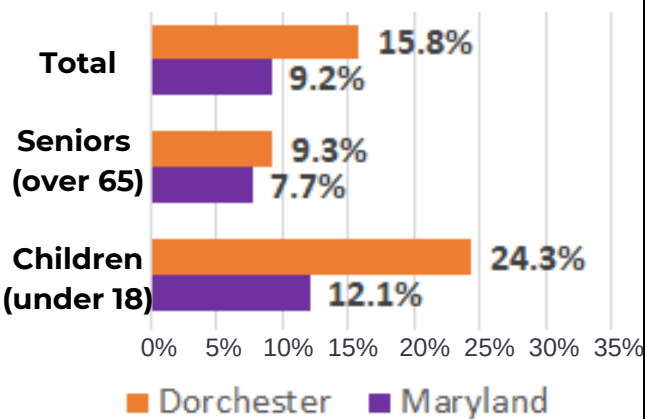
Total **31,867**
 Children **6,692**
(under 18) (21.0%)
 Seniors **7,043**
(over 65) (22.1%)

MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$52,917

POVERTY RATES(%) (2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	41,646	19,104	22,542	0	0	1,948
Child and Adult Care Food Program (CACFP)	9,171			9,171		429

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.
12 eligible schools
12 participating schools

**100% of Dorchester schools are Hunger Free schools due to CEP*

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

9,949 participants/month

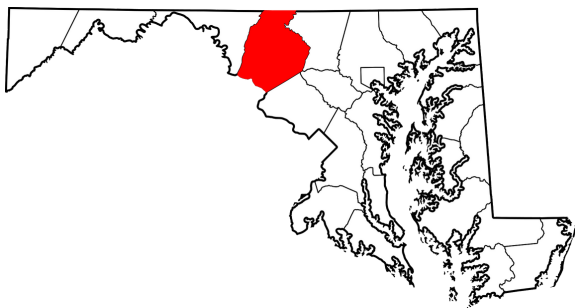
WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

48.2% of eligible people enrolled

1,479 participants/year

- 522 Women
- 416 Infants
- 541 Children

Sources: (1) U.S Census Bureau; (2) U.S Census Bureau, American Community Survey 5-Year Estimates 2015-2019; (3) The Maryland State Department of Education; (4) FY 2020 Maryland Department of Human Services FIA Statistical Report (5) Maryland Department of Health, Maryland WIC Program



FREDERICK

POPULATION

(2021 est)¹

Total **268,755**

Children **62,082**

(under 18) (23.1%)

Seniors **39,776**

(over 65) (14.8%)

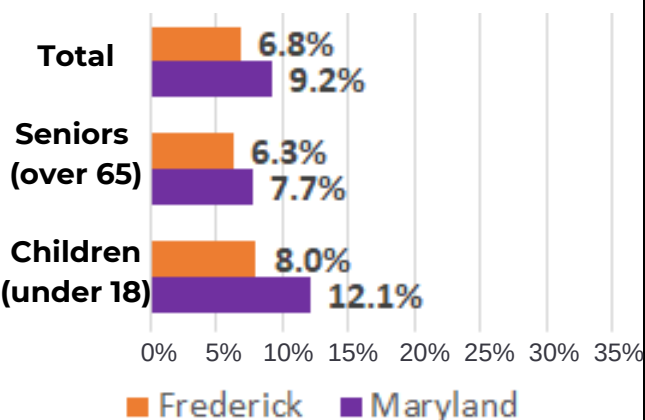
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$97,730

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	616,243	242,375	366,470	0	8,398	19,455
Child and Adult Care Food Program (CACFP)	389,573			163,322	226,251	3,316

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

2 eligible schools

3 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

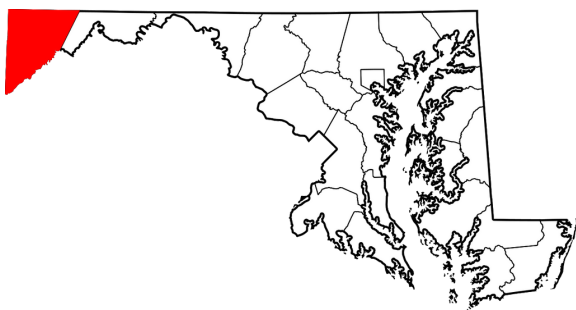
19,036 average participants/month⁴

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

52.8% of eligible people enrolled

6,141 participants/year

- 1,997 Women
- 1,709 Infants
- 2,435 Children



GARRETT

POPULATION

(2021 est)¹

Total **28,776**

Children **5,295**
(under 18) (18.4%)

Seniors **6,647**
(over 65) (23.1%)

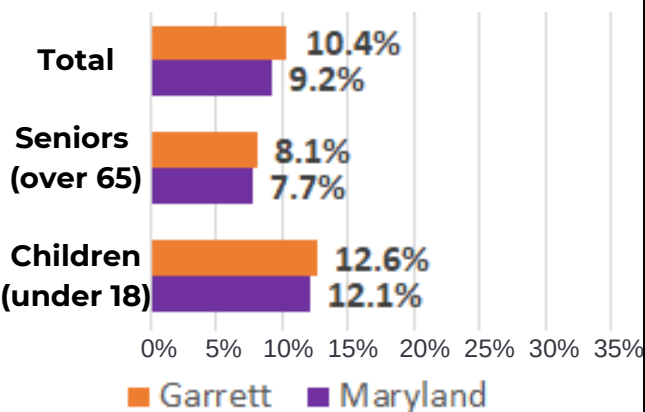
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$52,617

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	158,490	47,453	49,731	30,653	30,653	2,841
Child and Adult Care Food Program (CACFP)	30,435			16,281	14,154	493

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

1 eligible schools

1 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

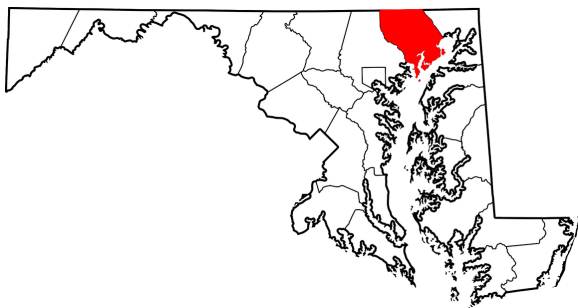
5,613 average participants/month⁴

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

52.7% of eligible people enrolled

1,103 participants/year

- 374 Women
- 272 Infants
- 457 Children



HARFORD

POPULATION

(2021 est)¹

Total **258,559**

Children **57,400**

(under 18) (22.2%)

Seniors 42,921

(over 65) (16.6%)

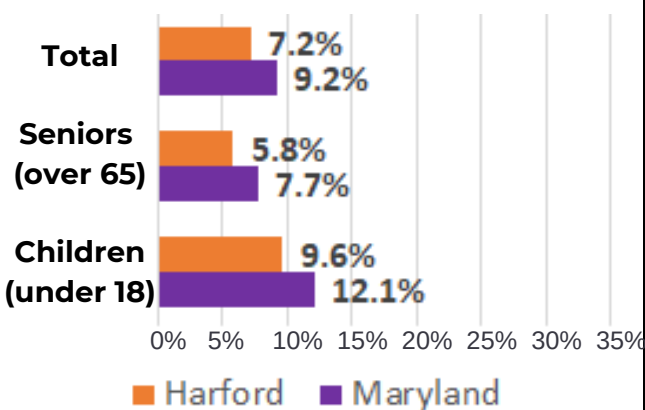
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$89,147

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	450,042	190,478	246,347	0	13,217	17,326
Child and Adult Care Food Program (CACFP)	55,629			23,737	31,892	1,219

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

8 eligible schools

0 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)

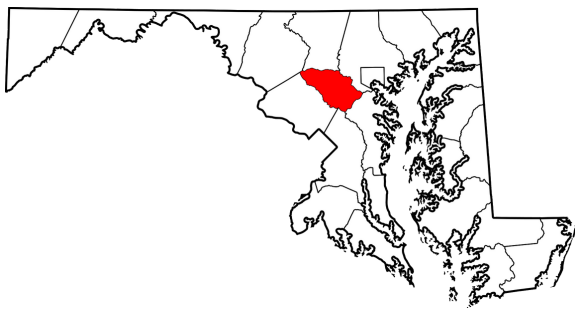
25,170 average participants/month⁴

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

46.3% of eligible people enrolled

5,570 participants/year

- 1,880 Women
- 1,615 Infants
- 2,075 Children



HOWARD

POPULATION

(2021 est)¹

Total **331,828**

Children **80,302**

(under 18) (24.2%)

Seniors **47,451**

(over 65) (14.3%)

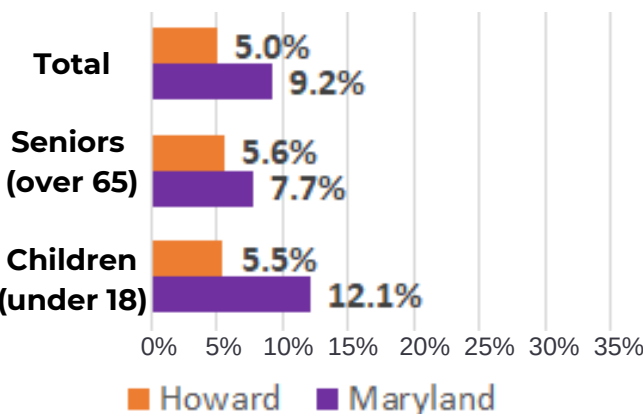
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$121,160

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS (MARCH-DECEMBER 2020)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	488,223	209,688	278,555	0	0	24,332
Child and Adult Care Food Program (CACFP)	10,005			10,005		462

COMMUNITY ELIGIBILITY

PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

1 eligible schools

2 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)

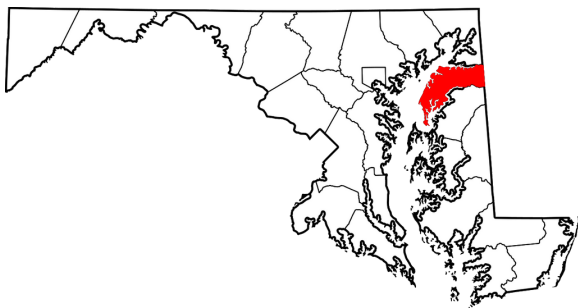
23,180 average participants/month⁴

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

49.9% of eligible people enrolled

6,027 participants/year

- 2,042 Women
- 1,704 Infants
- 2,281 Children



KENT

POPULATION

(2021 est)¹

Total **19,398**
 Children **2,987**
 (under 18) (15.4%)
 Seniors **5,257**
 (over 65) (27.1%)

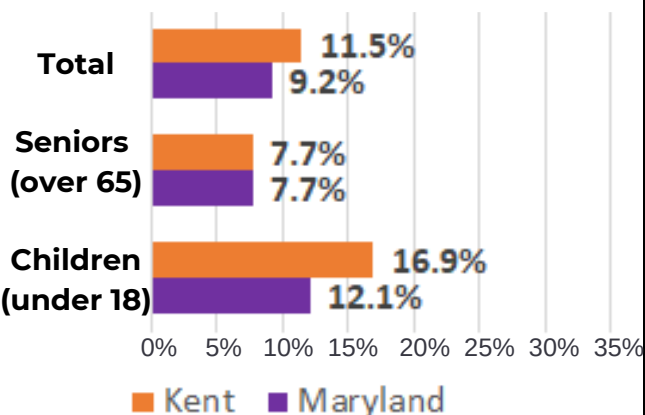
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$58,598

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	32,797	15,699	17,098			1,465
Child and Adult Care Food Program (CACFP)						

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

4 eligible schools

2 participating schools

**100% of Kent schools are Hunger Free schools due to CEP*

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

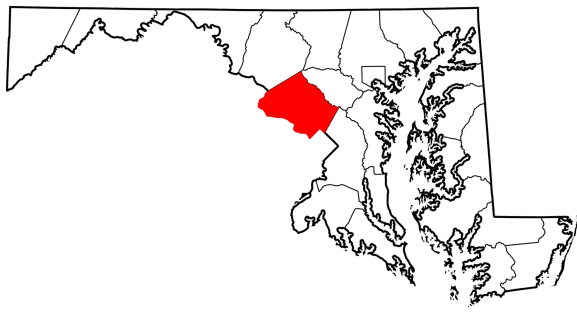
4,781 average participants/month⁴

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

46.5% of eligible people enrolled

621 participants/year

- 216 Women
- 182 Infants
- 223 Children



MONTGOMERY

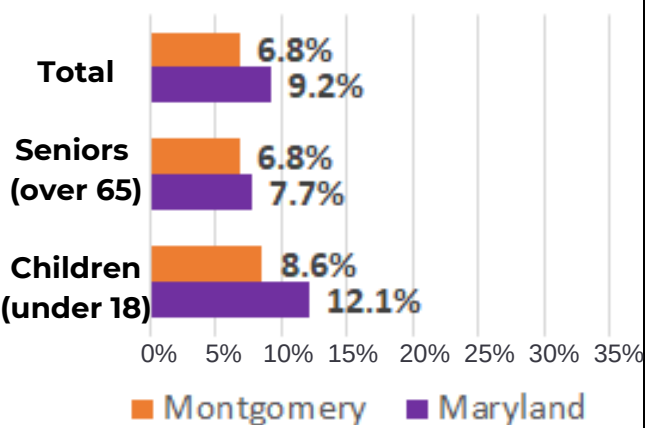
POPULATION (2021 est)¹

Total	1,055,110
Children (under 18)	243,730 (23.1%)
Seniors (over 65)	169,873 (16.1%)

MEDIAN HOUSEHOLD INCOME (2015-2019)²

\$108,820

POVERTY RATES(%) (2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	1,838,631	812,141	1,021,958	20	4,512	62490
Child and Adult Care Food Program (CACFP)	1,307,547			887,542	420,005	23,538

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

14 eligible schools

0 participating schools

Montgomery county provides free meals for all students

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)

76,716 average participants/month⁴

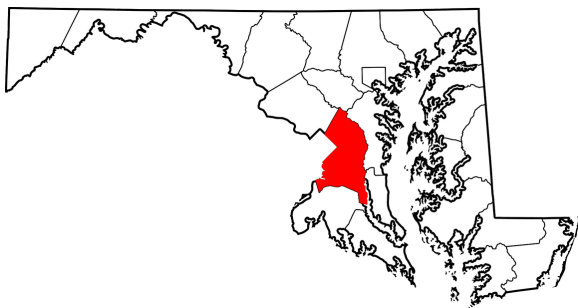
WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

57.3% of eligible people enrolled

46,186 participants/year

- 15,273 Women
- 12,303 Infants
- 18,610 Children

Sources: (1) U.S. Census Bureau; (2) U.S. Census Bureau, American Community Survey 5-Year Estimates 2015-2019; (3) The Maryland State Department of Education; (4) FY 2020 Maryland Department of Human Services FIA Statistical Report (5) Maryland Department of Health, Maryland WIC Program. *The exact number of SFSP meals served through non-public school sponsors was 58,672.



PRINCE GEORGE'S

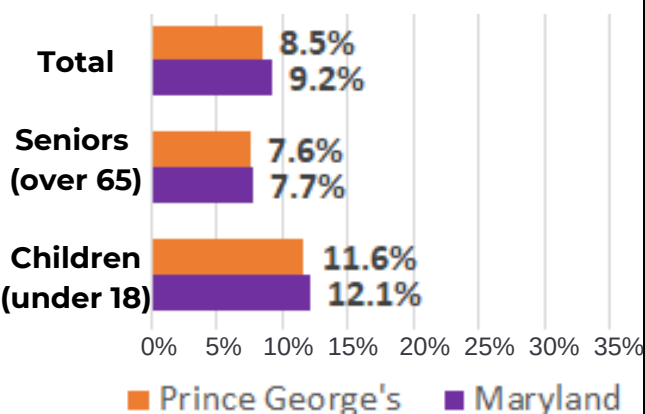
POPULATION (2021 est)¹

Total **908,743**
Children **200,832**
(under 18) (22.1%)
Seniors **126,315**
(over 65) (13.9%)

MEDIAN HOUSEHOLD INCOME (2015-2019)²

\$84,920

POVERTY RATES(%) (2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	544,711	247,588	295,350	1,748	0	148,680
Child and Adult Care Food Program (CACFP)	624,360			624,360		27,465

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students
free breakfast and lunch.
27 eligible schools
11 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

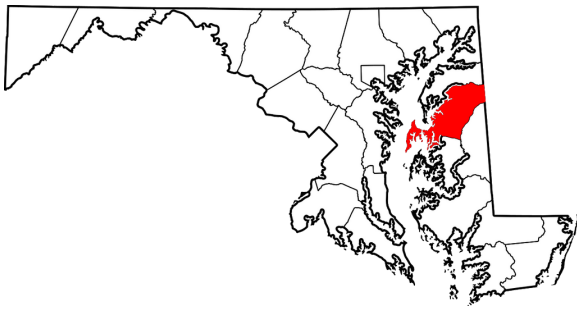
143,691 average participants/month⁴

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2020)⁵

52.4% of eligible people enrolled

20,034 participants/year

- 6,449 Women
- 5,465 Infants
- 8,070 Children



QUEEN ANNE'S

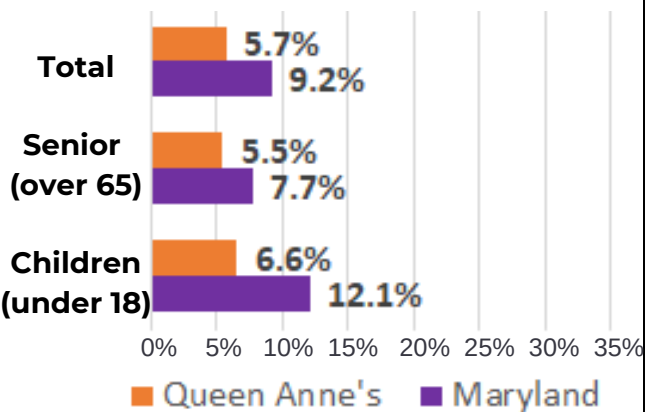
POPULATION (2021 est)¹

Total **50,847**
 Children **10,881**
(under 18) (21.4%)
 Senior **9,763**
(over 65) (19.2%)

MEDIAN HOUSEHOLD INCOME (2015-2019)²

\$97,034

POVERTY RATES(%) (2015-2019)²



HUNGER FREE SCHOOLS³ (JANUARY-DECEMBER 2021)

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	99,412	47,530	51,882	0	0	3,885
Child and Adult Care Food Program (CACFP)						

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

2 eligible schools

0 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

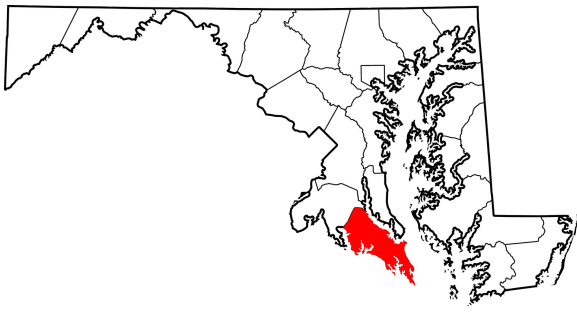
3,676 average participants/month

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2020)⁵

47.2% of eligible people enrolled

831 participants/year

- 292 Women
- 232 Infants
- 307 Children



SAINT MARY'S

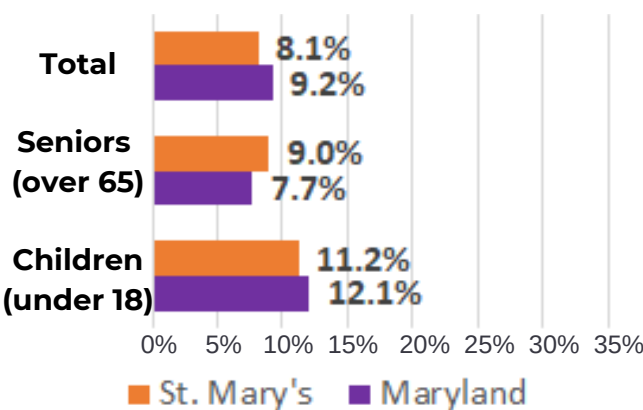
POPULATION (2021 est)¹

Total **115,090**
 Children **27,507**
(under 18) (23.9%)
 Seniors **15,422**
(over 65) (13.4%)

MEDIAN HOUSEHOLD INCOME (2015-2019)²

\$89,845

POVERTY RATES(%) (2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	209,091	95,042	114,040	0	0	5,271
Child and Adult Care Food Program (CACFP)	368,071			183,828	184,243	4,933

COMMUNITY ELIGIBILITY PROVISION (CEP) (2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.
8 eligible schools
0 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2020)⁴

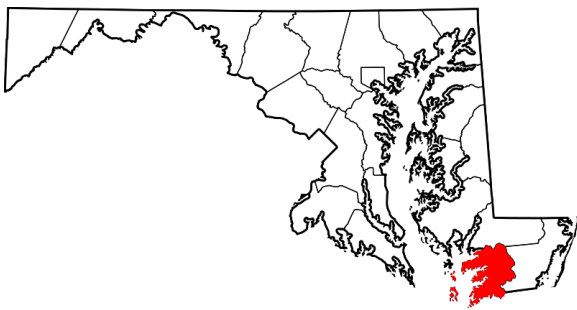
13,137 average participants/month

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2020)⁵

46.5% of eligible people enrolled

2,967 participants/year

- 1,043 Women
- 872 Infants
- 1,052 Children



SOMERSET

POPULATION

(2021 est)¹

Total **25,636**

Children **4,332**
(under 18) (16.9%)

Seniors **4,435**
(over 65) (17.3%)

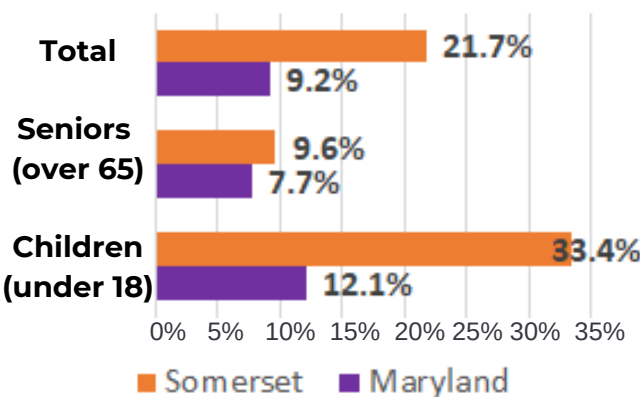
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$37,803

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	59,370	27,831	27,363	4,176	0	6,535
Child and Adult Care Food Program (CACFP)						

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

9 eligible schools

9 participating schools

**100% of Somerset schools are Hunger Free schools due CEP*

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2020)⁴

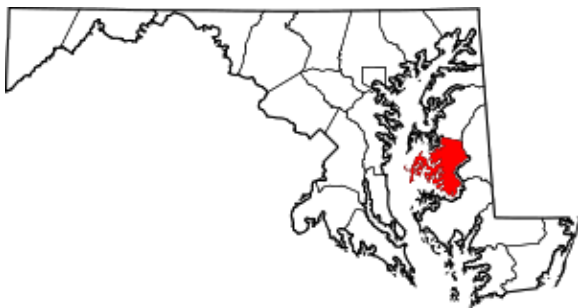
6,089 average participants/month

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2020)⁵

46.5% of eligible people enrolled

693 participants/year

- 204 Women
- 201 Infants
- 288 Children



TALBOT

POPULATION

(2021 est)¹

Total **37,395**

Children **6,806**
(under 18) (18.2%)

Seniors **11,106**
(over 65) (29.7%)

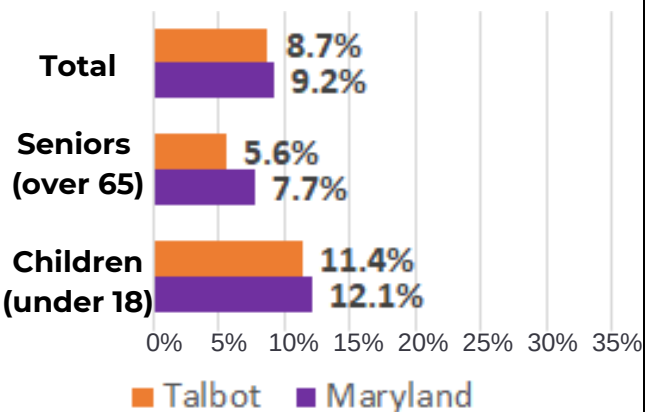
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$73,547

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	70,080	31,003	390,086	0	0	1,978
Child and Adult Care Food Program (CACFP)	4,017			4,017		60

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

2 eligible schools

0 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2020)⁴

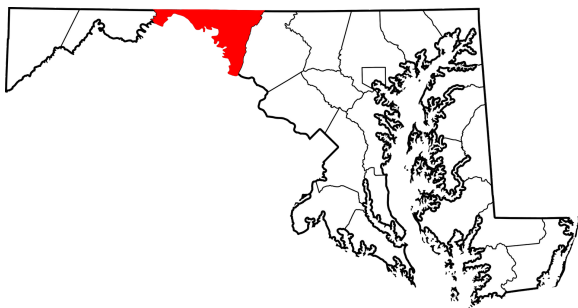
4,867 average participants/month

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

51.0% of eligible people enrolled

1,104 participants/year

- 364 Women
- 304 Infants
- 436 Children



WASHINGTON

POPULATION

(2021 est)¹

Total **151,835**

Children **32,948**

(under 18) (21.7%)

Seniors **26,571**

(over 65) (17.5%)

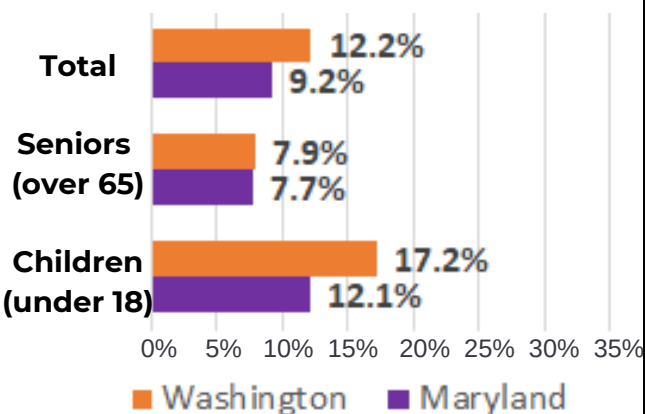
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$60,860

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS (JANUARY-DECEMBER 2021)³

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	246,567	103,491	143,106	0	0	11,722
Child and Adult Care Food Program (CACFP)	56,457			56,457		1,039

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

9 eligible schools

4 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

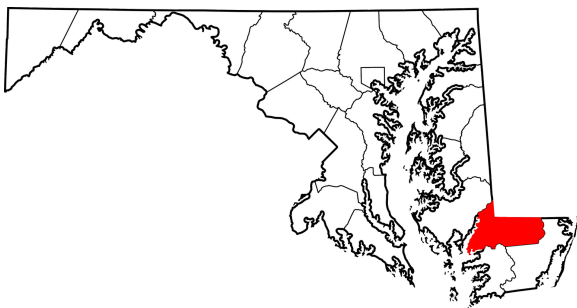
26,947 average participants/month

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2020)⁵

48.5% of eligible people enrolled

5,525 participants/year

- 1,858 Women
- 1,546 Infants
- 2,121 Children



WICOMICO

POPULATION

(2021 est)¹

Total **104,739**

Children **22,938**

(under 18) (21.9%)

Seniors 17,072

(over 65) (16.3%)

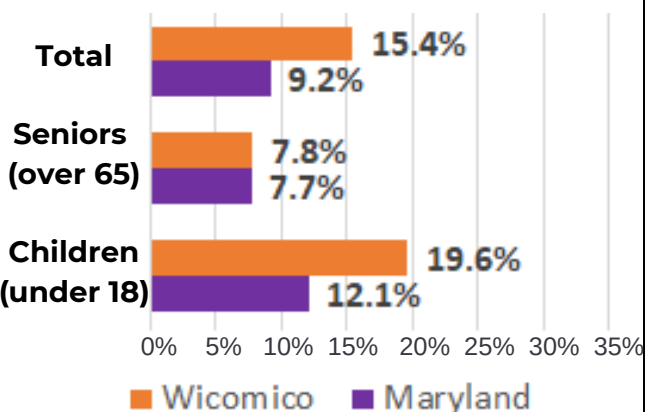
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$56,956

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS³ (JANUARY-DECEMBER 2021)

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	131,484	61,644	69,840	0	0	5,836
Child and Adult Care Food Program (CACFP)	13,793			13,793	0	428

COMMUNITY ELIGIBILITY PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

7 eligible schools

7 participating schools

**100% of Wicomico schools are Hunger Free schools due to CEP*

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

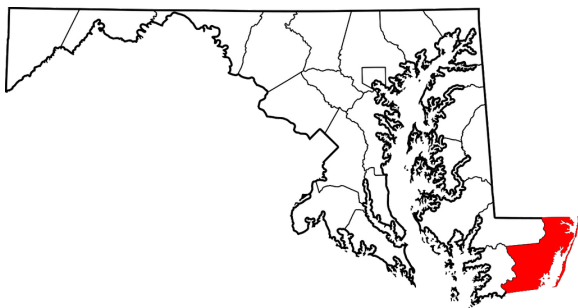
22,987 average participants/month⁴

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

55.0% of eligible people enrolled

5,722 participants/year

- 1,994 Women
- 1,640 Infants
- 2,088 Children



WORCESTER

POPULATION

(2021 est)¹

Total **52,908**

Children **8,994**

(under 18) (17%)

Seniors **14,920**

(over 65) (28.2%)

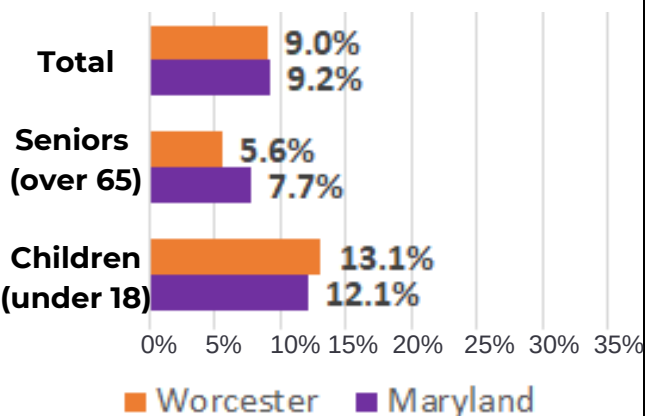
MEDIAN HOUSEHOLD INCOME

(2015-2019)²

\$63,499

POVERTY RATES(%)

(2015-2019)²



HUNGER FREE SCHOOLS³ (JANUARY-DECEMBER 2021)

Federal Nutrition Program	Total Meals Served	Breakfasts Served	Lunches Served	Suppers Served	Snacks Served	Average # Participants /Day
Summer Food Service Program (SFSP)	85,923	40,280	45,643	0	0	4,492
Child and Adult Care Food Program (CACFP)	13,635			13,793	2,593	656

COMMUNITY ELIGIBILITY

PROVISION (CEP)

(2019-2020 SCHOOL YEAR)¹³

Allows high poverty schools to serve students free breakfast and lunch.

6 eligible schools

0 participating schools

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) (CALENDAR YEAR 2021)⁴

7,660 average participants/month

WOMEN, INFANTS, & CHILDREN (WIC) (STATE FISCAL YEAR 2021)⁵

41.7% of eligible people enrolled

793 participants/year

- 251 Women
- 212 Infants
- 330 Children

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- Zanvyl and Isabelle Krieger Fund

TECHNICAL NOTES

1.) U.S. Census Bureau.

- The U.S. Census Bureau provides Census-tract data that describes the population demographics and median income for Maryland and counties of Maryland.
 - <https://data.census.gov/cedsci/profile?q=Maryland&g=0400000US24>
 - <https://www.census.gov/quickfacts/MD>

2) U.S Census Bureau, American Community Survey 5-Year Estimates 2015-2019:

- The American Community Survey data from 2015-2019 consists of data tables, narrative information, and poverty measurements.
 - <https://www.census.gov/acs/www/data/data-tables-and-tools/>
 - <https://www.census.gov/acs/www/data/data-tables-and-tools/data-profiles/2019/>
 - <https://www.census.gov/acs/www/data/data-tables-and-tools/narrative-profiles/2019/>
 - <https://data.census.gov/cedsci/table?t=Income%20and%20Poverty&g=0400000US24,24.050000&tid=ACSST5Y2019.S1701&moe=false&hidePreview=true>

3.) The Maryland State Department of Education (MSDE).

- The MSDE provided data on Child Nutrition Programs, SFSP, and CEP Data; this information can be requested by submitting an Office of School and Child Nutrition Program (OSCNP) data request form. Additionally, CEP data can be found on the MSDE website.
 - Contact: Maryland State Department of Education
 - <http://marylandpublicschools.org/programs/Pages/School-Community-Nutrition/CEPData.aspx>

4.) FY 2020 Maryland Department of Human Services (DHS) FIA Statistical Report

- The Maryland DHS provided SNAP participation data through the Statistics Data Directory. Data was derived from the publicly available All Program Statistical Reports for FY 2022 and 2021.
 - <https://www.dhr.maryland.gov/documents/?dir=Data%20and%20Reports/FIA/Statistical%20Reports>
 - [https://dhs.maryland.gov/documents/Data%20and%20Reports/FIA/Statistical%20Reports/2022%20-%20All%20Prg%20MoStat%20Public%20Web%20w%20Charts%20\(Final\).pdf](https://dhs.maryland.gov/documents/Data%20and%20Reports/FIA/Statistical%20Reports/2022%20-%20All%20Prg%20MoStat%20Public%20Web%20w%20Charts%20(Final).pdf)
 - <https://www.dhr.maryland.gov/documents/Data%20and%20Reports/FIA/Statistical%20Reports/2021-All-Prg-MoStat-Public-Web-w-Charts-Final-3.pdf>

5.) Maryland Department of Health, Maryland WIC Program

- The Maryland Department of Health provided WIC eligibility and participation data.
 - Contact: Maryland Department of Health

TECHNICAL NOTES

6.) U.S Department of Agriculture (USDA): Economic Research Service

- The USDA provided the definition for food security.
 - <https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us/definitions-of-food-security.aspx#:~:text=Food%20insecurity%E2%80%94the%20condition%20assessed,may%20result%20from%20food%20insecurity>

7.) Maryland Department of Budget and Management

- Maryland Department of Budget and Management provided the definition for Maryland's State Fiscal Year. This document was based on Fiscal year 2021.
 - <https://dbm.maryland.gov/budget/pages/citizens-guide.aspx#:~:text=No%2C%20a%20Maryland%20fiscal%20year,ends%20on%20June%2030%2C%202020>

8.) US Department of Agriculture (USDA): Food and Nutrition Service (FNS)

- The USDA provided a definition of CEP and how to calculate ISP.
 - <http://marylandpublicschools.org/programs/Documents/Nutrition/CEPData/CEPPlanningandImplementationGuidanceSeptember2016.pdf>

9.) Department of Health and Human Services

- The Department of Health and Human Services provided the description for the poverty guidelines.
 - <https://aspe.hhs.gov/prior-hhs-poverty-guidelines-and-federal-register-references>

10.) National Agricultural Library

- The National Agricultural Library provided general descriptions about the National School Lunch (NSLP) and School Breakfast Program (SBP), Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), Summer Food Service Program (SFSP), Supplemental Nutrition Assistance Program (SNAP) and provided links to their specified webpages.
 - <https://www.nal.usda.gov/fnic/usda-nutrition-assistance-programs>

11.) United States Code

- The United States Code provides legislative descriptions of program requirements for and provision of the Child Nutrition Programs under Title 42, Chapter 13, Sec. 1758
 - <https://www.govinfo.gov/content/pkg/USCODE-2018-title42/html/USCODE-2018-title42-chap13-sec1758.htm>

12.) US Department of Agriculture (USDA): Food and Nutrition Service (FNS)

- The Federal Nutrition Service provided the poverty guidelines for the National School Lunch, School Breakfast Program, and Summer Food Service Program.
 - <https://www.fns.usda.gov/cn/income-eligibility-guidelines>

TECHNICAL NOTES

13). No Kid Hungry: Community Eligibility Provision (CEP)

- Participating schools:

<https://state.nokidhungry.org/maryland/whatwedo/community-eligibility-provision-cep/>

- Eligible and non-participating schools:

<https://state.nokidhungry.org/maryland/wp-content/uploads/sites/8/2019/10/CEP-eligible-schools-19-20-1.pdf>