



MARYLAND
FOOD BANK



Do your neighbors need assistance connecting with benefits?

The Maryland Food Bank SNAP Outreach team is available to help neighbors submit applications for Maryland benefits and connect people with community resources. They can process applications onsite and answer questions neighbors may have about their benefits or the application process.



Contact the Maryland Food Bank SNAP Team to schedule an outreach at your site or event!

Phone: toll-free at 1-888-808-7327
Email: snapteam@mdfoodbank.org
Hours: Monday-Friday | 8am to 5pm
¡Hablamos español!



Application assistance for:

- SNAP (*formerly known as Food Stamps*)
- SNAP Redetermination
- Temporary Cash Assistance
- Medicaid for the Aged, Blind and Disabled
- Medicare Buy-In (*QMB and SLMB*)
- Energy Assistance (*OHEP*)
- Water Assistance (*LIHWAP*)

Referrals to community resources for:

- Childcare
- Housing
- Legal Assistance
- Health Insurance
- Disability Benefits
- Financial Literacy
- And many more!



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USDA Nondiscrimination Statement

SNAP and FDPIR State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement:

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
2. Fax: (202) 690-7442; or
3. Email: program.intake@usda.gov.

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