



MARYLAND
FOOD BANK



Are you interested in SNAP?

FORMERLY KNOWN AS FOOD STAMPS

The Maryland Food Bank SNAP Outreach team is available to assist you with the submission of the SNAP Application, Redetermination/Recertification process and answer any questions you may have about the benefits or application process.

Please feel free to contact us anytime!

And please share this information with your friends, family, and community.



Contact the Maryland Food Bank
SNAP Outreach Team:

Phone: toll-free at 1-888-808-7327

Email: snapteam@mdfoodbank.org

Hours: Monday-Friday | 8am to 5pm

¡Hablamos español!



When completing a SNAP application/Redetermination, these are some of the documents we may need to complete your application. Call us for more information or assistance:

- Picture I.D.
- Social Security Card
- Social Security award letter (if being received)
- Pension Letter (if being received)
- Most recent paystubs worth a month or a letter from your employer (if you are working)
- Most recent BG&E bill and or other utilities that you are paying right now (if you pay utilities)
- Copy of your most recent rent bill or mortgage (if you pay any)
- Copy of monthly pharmacy bill (a printout summary, if you pay \$35.00 or more out of pocket)
- Copy of health insurance payment (if you pay out of pocket each month)
- Copy of medical bills and co pays already paid (invoices and or bank statements, if you pay)
- Copy of Lease Agreement (if you pay)



USDA Nondiscrimination Statement

SNAP and FDPIR State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement:

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to:

1. mail:
Food and Nutrition Service, USDA
1320 Braddock Place, Room 334
Alexandria, VA 22314; or
2. fax:
(833) 256-1665 or (202) 690-7442; or
3. email:
FNSCIVILRIGHTSCOMPLAINTS@usda.gov

This institution is an equal opportunity provider.